CLIENTS INFORMATION ON CANYONING RISKS AND RISKS ACCEPTANCE

DATE:

PLACE:

GUIDE:

Canyoning is an outdoor activity using both mountain sport skills and white waters skills

Natural environment where canyoning routes are present inherent risks

- ➢ You will be practicing canyoning in a natural environment which is slippery, that may lead to accidents (sprain, dislocation, fracture, your height high fall, stone fall, sliding, knocks, drowning…)
- ➢ Jumps and slides increase accident probability: as you enter water surface, the impact can lead to a compression of the vertebrae. **Therefore, jumps will never be compulsory.**

You commit yourself to accepting natural environment inherent risks of the canyoning routes

- ➢ Our mission is to minimize and prevent those risks from happening:
- Choosing canyoning routes which don't have well-known unusual risks, regarding your level,
- Guiding you with professional guides who will help you to enjoy this specific environment properly.

We remind you that safety obligation which is your guide's duty is his duty as long as you respect the security instructions that he will give you.

Therefore, you commit yourself to :

- **Strictly respect safety instructions provided by your guide who you never will be in front of except upon his own instruction. You will forbid yourself to take any personal initiative that could expose yourself, other participants or the guide to any risk.**
- **Be able to swim for at least 80ft, to dive and to jump (may 95, 4th, 3rd clause decree)**
- **Be in good health and don' suffer from any pain that may lead to any danger during the activity that you are to begin AND to tell your guide any health problem that you have BEFORE beginning your activity (locomotor, respiratory, auditory problem, recent surgery or accident, back or spine problem,, osteoporosis, hypoglycemia, epilepsy, allergy, asthma, contact lenses, dizzy spell, pregnancy, diabetes…), any specificity that must be told (bad swimmer, scared of heights, scared of water) and comprehension difficulties.**
- **Have the physical condition that suits the canyoning route that you've chosen after being informed of the routes difficulties, its duration as well as the hiking back and forth.**

Your responsibility is to take an active part in your safety and the group's

Signing this document, I declare that I am informed of the risks and do accept for myself and my underage children involved in this activity all the clauses of this Information and Risk Acceptance Factsheet

Client's name and first name	Handwritten note "Read and approved"	Signature